
**WHAT TO BRING TO WEB OF LIFE FIELD SCHOOL
FOR TEACHERS AND CHAPERONES**

Day Hike Supplies

- Bag Lunch for first day**
- Day pack (book-pack)
- Canteen or water bottle
- Pencil

Bedding

- Warm sleeping bag
(or sheets and 3 warm blankets)
- Pillow

Toilet Articles

- Two bath towels and a wash cloth
- Toothbrush and toothpaste
- Deodorant
- Comb/brush
- Soap
- Chapstick
- Sunscreen
- Handkerchief or tissues
- Shampoo

Optional Items

- Shower thongs
- Hand lotion
- Other personal toiletries
- Insect repellent if desired
- Sunglasses
- Stationery, stamps
- Small change for payphone (no cell service)
- Laundry bag
- Musical instrument, if you agree to take responsibility for it

Clothing

- Underwear, 1 pair per day
- Socks, 1 pair per day plus 2 extras
- Pajamas
- Jeans or other long pants, 2-4 pairs
- Shirts, long and short sleeved, 4 total
- Heavy sweater or sweatshirt
- Warm jacket, hat and gloves
(for all seasons)
- Shoes suitable for hiking, 2 pairs
(no sandals please)
- Rain coat (for all seasons)
- Warm weather clothing - i.e. shorts, sunhat

Especially Important

- Medical Form
- Book (for your own time)
- Alarm clock and watch (no clock radios)
- Flashlight
- No cell phones or pagers*

Suggested Clothing

The weather is unpredictable during all seasons. Bring warm, comfortable clothing appropriate for your role as chaperone and the outdoor activities in which you will be involved.

Please wear suitable night wear as you may have to get up with a sick student. Sweats work well. Female chaperones may be sleeping in a cabin with boys, therefore, modest sleep attire is necessary.

Make sure all clothing is comfortable and can get dirty!

*Cell service is not available at our sites at this time

Reminder: Bring a bag lunch for the first day!